

Name: _____

Date: _____

What do I think ...?

1. I have a certain amount of intelligence and I can't really change it.



2. I can learn new things, but I can't change my basic intelligence.



3. I can change my intelligence.



4. I can always greatly change my intelligence.



5. No matter how much intelligence I have, I can always change it quite a bit.



Tick the correct statement in each box.

Intelligence

- ☐ I usually think I'm intelligent.
- ☐ I wonder if I'm intelligent.

New work

- ☐ When I get new work at school, I'm usually sure I will be able to learn it.
- ☐ When I get new work at school, I often think I might not be able to learn it.

I would like to work on ...

- ☐ problems that aren't too hard, so I don't get many wrong.
- ☐ problems that I learn a lot from, even if I don't look smart.
- ☐ problems that are pretty easy, so I'll do well.
- ☐ problems that I'm pretty good at, so I can show that I'm smart.

Goal choices

1. If I knew I wasn't going to do well at a task, I probably wouldn't do it even if I would learn from it.

1



2



3



4



5



2. Sometimes I would rather do well in class than learn a lot.

1



2



3



4



5



3. It is much more important for me to learn new things in class than it is to get the best grades.

1



2



3



4



5



4. If I had to choose between getting a good grade and being challenged in class, I would choose (tick one):

☐ good grade ☐ being challenged